

Week 1

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals Water and milk	Selection of cereals Water and milk	Selection of cereals Water and milk	Selection of cereals Water and milk	Selection of cereals Water and milk
Snack	Milk Fruit	Milk Bread sticks	Milk Houmous and Veg sticks	Milk Fruit	Milk Rice cake
Lunch	Jacket potato with cheese and beans  Banana Water	Potato and Leak Pie  Rice pudding Water	Pasta Bolognese  Seasonal Fruit crumble and custard Water	Roast chicken with creamy mashed potatoes & red cabbage and carrots  Ice cream Water	Fish fingers, chips and mushy peas  Jam sponge and custard Water
Tea	Tomato soup and bread Homemade biscuit Water	Sandwich selection Clementines Water	Savoury rice Fruit Water	Cheese pitta bread Jam tarts Water	Crumpets Seasonal fruit salad Water