

Week 1

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals Water and milk	Selection of cereals Water and milk	Selection of cereals Water and milk	Selection of cereals Water and milk	Selection of cereals Water and milk
Snack	Milk Fruit	Milk Bread sticks	Milk Vegetable sticks	Milk Fruit	Milk Rice cake
Lunch	Jacket potato with cheese and beans Chocolate cake	Corned beef hash Rice pudding	Pasta Bolognese Seasonal Fruit crumble and custard	Roast chicken with creamy mashed potatoes, cabbage and carrots Ice cream	Fish fingers served with chips and garden peas Jam sponge and custard
Tea	Homemade tomato soup served with bread and butter Homemade biscuit	Sandwich selection Satsuma	Spaghetti on toast Fruit	Warm cheesy pitta bread Jam tarts	Crumpets Seasonal fruit salad